

CHILDREN'S
Autism Services
OF EDMONTON
AT THE MAIER CENTRE



COVID-19
Guide for Fall 2020





Table of Contents

	<u>Page</u>
A Message from our Executive Director	4
Planning for Pre-school Re-Entry	5
Illness Guidelines	5
Enhanced Hygiene Protocols	7
Changes to Daily Maier Centre Operations	8
What to Expect in Each Cohort Space	11
Educational Program Changes	13
Facilities Cleaning, HVAC & Personal Protective Equipment (PPE)	14
Staff Guidelines	16
Ongoing Mental Health Supports for our Community	18
Appendix A: Screening Questionnaire	19



A Message from our Executive Director:

Taking care of children, staff and families is our priority while we do our best to support the needs of families in the autism community. Throughout the COVID pandemic, we will continue to be flexible and responsive to the needs of our community while following all health guidelines. Our summer camps were a great success as we supported children in outdoor fun activities while social distancing, following hand hygiene protocols and wearing masks. We know that the number of cases continues to rise within the community and we must remain vigilant and make sure we continue to:

- maintain hand hygiene as recommended by public health
- physically distance
- wear a mask
- stay home if you are feeling unwell or living with someone who is feeling unwell
- sanitize toys, tools, equipment and furniture
- never share food or drinks
- maintain conscientious Covid-19 behaviours during work and non-work activities
- get tested periodically

We are expecting to see a rise in Covid-19 cases as evidenced by what is happening around the world. We want all of our staff and families to stay safe and be vigilant during this time.

We will continue to move rapidly to address any issues related to Covid-19 and to keep you informed. Please continue to reach out if you have questions or concerns.

The following information will help inform our partners and community members about the precautions we are taking as we look to reopen our preschools, community partnerships and childcare.

Stay well,

Terri Duncan, Executive Director
Children's Autism Services of Edmonton



Planning for Re-Entry

Children's Autism Services of Edmonton proudly provides a wide range of services to support families of children with developmental disabilities. Because of our range of services, Children's Autism Services of Edmonton is responsible to several different government ministries, and must ensure adhere to all recommended health and safety protocols in accordance with each ministry.

In addition, some programming with our students will be in community kindergartens, daycares and preschools. The standards set in this document will be followed as a minimum standard. Stricter protocols of community partners will be followed if they are in place.

Children's Autism Services of Edmonton is committed to the ongoing health and safety of its students, staff and community during the COVID-19 pandemic.

Re-Entry into the Classroom

On July 21, 2020, Alberta Education announced their intention for in-school classes to resume with near-normal operations and with enhanced health measures. This handbook has been created to provide information about planning for the re-entry scenario, and is subject to change as circumstances related to the ongoing COVID-19 pandemic evolve. It should be noted that where this handbook conflicts with another Children's Autism Services of Edmonton policy or procedure, the most recent version of the handbook will take precedence.

Illness Guidelines

Daily Health Screening for Students and Families

Parents/guardians must assess their children daily for symptoms of common cold, influenza, COVID-19 or other infectious respiratory disease by completing the Alberta Health Questionnaire found in Appendix F. The Health Questionnaire must be completed before sending the child to school. The same assessment must be done by any parent who is considering entering either of the Maier Centre buildings (west or south). If the child or parent answers "yes" to any question in the questionnaire, they **must not** enter the school building, and should inform their child's teacher of their absence. As outlined in the staff section, all staff will need to follow similar screening procedures each day.

Parents must stay apprised of the latest list of symptoms for COVID-19, provided by Alberta Health Services. At the time of writing, symptoms include:

- Fever
- Cough



- Shortness of breath/difficulty breathing
- Sore throat
- Chills
- Painful swallowing
- Runny nose/nasal congestion
- Feeling unwell/fatigued
- Nausea/vomiting/diarrhea
- Loss of sense of smell
- Muscle/joint aches
- Headache
- Conjunctivitis (pink eye)

Child Illness at the Maier Centre:

If a child develops or exhibits COVID-19 related symptoms while at the centre, community setting or a school, the child/student will be isolated in the applicable *safe resting place*. The child will be asked to wear a non-medical mask, if they are able to. The *safe resting place* will be in a separate room, or space that is 2 meters away from others. A staff member will remain with the child until their parent/guardian comes to pick them up.

Staff supervising symptomatic children will wear gloves, a mask, and a face shield while attending to the student, and adhere to strict hand washing protocols before and after.

The parent/guardian will be notified to come and pick up the student immediately. It is the expectation that the student will be picked up within one hour. Children's Autism Services of Edmonton encourages parents to have an additional emergency contact available for pick-up if parents both work and are not able to pick-up their child within one hour.

All items and surfaces the student has touched will be cleaned and disinfected as soon as the student has been isolated. Items that cannot be disinfected, (i.e., paper, books, cardboard, etc.) will be removed from the classroom and stored in a sealed container for 10 days (if not sent home with the student).

Parents must then complete the [COVID-19 Self Assessment for Albertans](#) online, to identify whether or not COVID-19 testing is required for their child. If assessment indicates that testing is required, the child must receive a test. The child is welcome to return to school after a period of 10 days, or when their symptoms have resolved, whichever period is longer. If the child received a negative COVID test and is symptom free, they may return to school.



Pre-Existing Conditions

Individuals who have allergies or ongoing health issues, and who are exhibiting COVID-like symptoms must be tested at the onset of symptoms according to the Alberta Health Services Guidance. This will establish a baseline for the individual. If symptoms change (worsen, additional symptoms, change in baseline) the individual must stay home and be tested a second time, and cleared.

Children's Autism Services of Edmonton will track typical symptoms that may be confused for COVID-19 for students in our data system similarly to what is done with other medical conditions (i.e., allergies, illnesses requiring medication during school day, etc).

If COVID-19 is Confirmed:

If a case of COVID-19 confirmed within classroom settings, the designated *Zone Medical Officer of Health* will work directly with the administration to provide follow-up recommendations and messaging for staff, parents/guardians and students.

Alberta Health Services may request the school close in-person classes to allow a public health investigation to take place. The decision to send a class home or to close the school will be made by the Zone Medical Officer of Health. If this occurs, Children's Autism Services of Edmonton will support students and staff to continue their learning or work at-home if they are required to self-isolate.

Enhanced Hygiene Protocols

Hand Hygiene

Children's Autism Services of Edmonton will promote frequent and proper hand hygiene for all staff, children and family members, and will build this into every schedule throughout the day during transitions. Hand washing with soap and water is required if a student has visibly dirty hands. Proper hand washing procedure includes washing your hands with soap and water for at least 20 seconds. Staff will attempt to make this activity more enjoyable through the use of motivating pre-recorded songs and activities, and will post visual supports to help guide children through this procedure.

Health Canada recommends the use of hand sanitizer as an effective support against the transmission of COVID-19. Children's Autism Services of Edmonton will utilize hand sanitizer and will ensure hand sanitizer is available at the front desk as well as in each room throughout the centre.



Every individual (children and adults) will be expected to either wash their hands with soap and water, or use the provided hand sanitizer:

- before and after eating
- when entering or leaving the building
- when entering or leaving classrooms
- before and after putting on or taking off a mask (adults)

As was expected prior to the COVID-19 pandemic, all individuals will wash their hands with soap and water following any toileting routine.

Signage and visual supports have been placed throughout the facility to encourage proper hand hygiene and the regular practice of hand washing or sanitizing. Staff will encourage and model proper hand washing, sanitizing, and distancing measures for children/students to observe and place into practice.

Individuals will also be encouraged to follow proper respiratory etiquette (e.g., coughing or sneezing into a bent elbow, promptly disposing of used tissues in the trash, etc.), if they become symptomatic while at school. **Any person with symptoms of a cold or respiratory illness should remain at home until their symptoms are gone.**

Changes to Maier Centre Daily Operations

Arrival and Entry

During drop-off before class, children will remain in their vehicle with their parent/guardian or with van driver until a staff member comes to retrieve the child directly. Classes will be staggered in timing in order to keep class cohorts separate from one another and to allow time to clean the entrance/exit surface areas. Each class will remain separate throughout their day.

Before exiting the vehicle, the staff member will ask the adults questions about their general health as indicated by the questionnaire at the end of this document. If the adult responds “yes” to any of the questions, the occupants of the vehicle will not be permitted to enter the building and will be advised to contact their doctor or 811 for further medical guidance.

All staff and students must utilize hand sanitizer when entering the building and before entering their classroom. Once in the centre, children/students will head directly to their class. Each child will have individualized plastic containers to hold their belongings during the day.



When possible, we encourage all parents/guardians to permit our staff to transition the child into the building, and for visiting adults to only enter the building if necessary and if pre-arranged with the classroom teacher. We do anticipate some children may experience increased levels of anxiety and challenge with the transition into the buildings, particularly at the beginning of the school year. We will work with families to ensure we support the transition into the classroom.

Pick Up and Departure

In keeping with Alberta Health guidelines for physical distancing, Children's Autism Services will be implementing a pick-up management system, to help manage pick up after each session. Parents will text staff when they arrive to the parking lot and a staff will bring their child to the pick-up area. Dismissal times will be staggered in order that only one cohort is using the entrance/exit at a time. Please ensure you have planned extra time for pick-up. We appreciate your patience with this process.

Physical Distancing

As much as possible, physical distancing between students will be encouraged to minimize risk. We understand that many of the children we serve will not be able to understand the importance of physical distancing, and that there will inevitably be times when physical distancing will be impossible. Because of these anticipated challenges, it is imperative that anyone displaying symptoms stays home either until their symptoms are resolved, or for a period of 10 days, whichever is longer.

Adults within the Maier Centre buildings will be expected to maintain a physical distance of two meters from other adults as much as possible while in the same space. Adults who are not required to be in the classrooms are expected to make use of the Observation Rooms if possible.

Cohorts

As has been communicated by Alberta Health Services, the risk of transmission of COVID-19 is reduced by limiting exposure to others. In light of this, cohorting has been an encouraged form of practice. A cohort is defined as a group of students and staff who remain together. Contact tracing is also more feasible when groups (cohorts) are maintained. Children attending programming at the Maier Centres will be assigned a cohort according to their classroom and staff will remain with a morning and afternoon group of children. Consultants will provide most services using the Observation Rooms and through discussion with classroom staff and families via technology. Each class will have 8-10 children, and 2-4 staff.



Observation Rooms

Many of the rooms within the Maier Centre buildings include an Observation Room that permits an individual to observe the space without physically being present in the room. Because most of the Observation Rooms are smaller spaces, room occupancy will be restricted to 1 person or 2 parents living in the same household (unless otherwise specified). People wishing to access these spaces will be required to sign up in advance to enable us to ensure everyone can use the Observation Rooms.

Hallway Density

To support physical distancing efforts, only one cohort will transition to a new space at a time. Every effort to ensure efficient and smooth transitions will be made, while continuing to respect that transition to new spaces can often be difficult for our young students and may take some time and practice as they learn the new routines.

High-traffic areas will include signage to support the directional flow of traffic, to encourage continued physical distancing for children and adults.

Water Fountains

Alberta Health guidelines indicated that water fountains are permitted to remain open as the mouthpieces of fountains are not considered to be a major source of virus transmission. As of the date of this document, Children's Autism Services of Edmonton has made the decision to cover our water fountains to prevent access, as many of our children are not yet able to use this equipment in a safe and hygienic manner. Everyone is encouraged to bring an individually labeled water bottle to ensure access to water throughout their time in the Maier Centre.

If the decision is made to re-open the water fountains at the Maier centre, all knobs and buttons will be sanitized frequently, with cleaning on a regular basis as per manufacturer guidelines.

Visitor Guidelines (other than Preschool or Daycare programming)

Visitors should not enter the building if feeling unwell or experiencing any COVID-19 symptoms. All visitors to the building will be asked to use the self-screening tool (see Appendix F) before entering. If a visitor answers YES to any of the questions, the individual must not be admitted to the building.

In keeping with security measures already in place, a record of all visitors will be kept including contact information.



Visitors will be allowed to enter the building on a limited basis, after having completed the self-screening tool. Children's Autism Services of Edmonton asks that all caregivers stay in their vehicles during pick-up and drop-off, as much as possible (e.g. before or after a respite shift).

Children's Autism Services of Edmonton recognizes that certain visits are necessary and unavoidable and request that visitors plan their visits to the buildings during non-rush periods (rush periods to avoid: 8AM – 9AM, 3PM – 4PM). We ask when possible to book an appointment.

To limit the number of people in the building, volunteers in the classroom will not be accepted at this time. Children's Autism Services of Edmonton will review this as the year progresses, and may choose to welcome volunteers later in the year, pending restrictions from the COVID-19 pandemic.

What to Expect In Each Cohort Space

Room Set-Up

To support physical distancing efforts, each room will contain a cohort of a maximum of 10 children with 2-4 adults. Furniture that cannot be sanitized will be removed and tables will be separated as much as possible. All materials will be individually provided to the children and sanitized between uses. Items that cannot be sanitized (books and props) will be stored for 10 days between use.

All surfaces will be sanitized as required throughout each session as well as following the cohort's departure each day. Items that are frequently shared between the children (e.g. the classroom iPad), will be sanitized between each individual contact.

Because of the nature of the clients we serve, in combination with the utilization of a shared space, it is anticipated that children may come into contact with items and materials that have been touched by others. Best efforts will be employed to ensure frequent hand hygiene and the ongoing and timely cleaning and sanitization of all room materials. Again, it is important that anyone who is displaying symptoms of illness remain home to ensure everyone's safety.

Washrooms

Each classroom space within the Maier Centre buildings has an individual washroom. Only the cohort assigned to that room will have access to the washroom. Signage indicating maximum washroom occupancy will be posted outside of the washroom.

Many of the children in programming at the Maier Centre require adult support with their toileting routines. The level of support required can vary from verbal prompts to full physical support. Children



will be encouraged to complete their routine as independently as possible, however it is anticipated that staff will be required to support the children to learn this routine and ensure the child's cleanliness and hygiene. In these situations, staff will wear face masks and gloves. The gloves will be disposed of at the completion of each individual toileting routine.

Washroom surfaces will be cleaned and sanitized between each use, with a thorough disinfecting occurring each day. Visual supports will be posted to support proper hand washing hygiene.

Snack Time

Each room will have a scheduled snack and/or lunch time each day. This will be indicated on a schedule that is posted in the room for both children and adults to reference.

Each child is asked to bring their own food items to the program, and their snacks will remain stored with the rest of their belongings. All children and staff will wash their hands prior to eating. We anticipate some children may experience increased anxiety and/or challenges around this expectation. In these instances, hand sanitizer will be used while we support the child to learn the routine of hand washing.

Prior to serving snack, the eating surfaces (e.g. table, placemats) will be sanitized. Each child will have a designated seat at the table. Children will not be permitted to share food items, and will be supervised closely by staff to ensure children are only handling their own items. Staff will continue to wear face masks and disposable gloves to support the children during their snack routines.

Many of the children in programming have challenges with their food repertoire. Programming often includes activities where children are playing and interacting with various food items to increase their exposure and comfort level with these items. Any planned food exposure activities will adhere to the above guidelines. Items will not be shared between children, and each child will be provided with their own items to avoid situations where they are touching someone else's items.

Physical Activity Spaces

Each cohort will have access to the gym and outdoor spaces for daily physical activity and gross motor development needs. Each room will have its own designated bin of materials to use during the physical activity session. All materials will be cleaned and sanitized throughout the session, with a thorough sanitization of all materials occurring at the end of the session. All contacted surfaces will be sanitized at the end of each session.



Napping (specific to Daycare Programming)

Some children accessing daycare programming may still be napping during the day. In these situations, families are asked to provide items to make a nap more comfortable (e.g. blanket, comfort items, etc.). All personal items will be stored in individually labelled bins, and will only be accessed during the designated nap time.

Room staff will lay out cots for each individual child to use during nap time. Cots will be spaced to respect social distancing guidelines (i.e. a minimum of 2 metres apart). All soft materials (e.g. blankets, pillows, etc.) will be stored in individually labelled bins, and will not be shared among children.

Following nap time, all soft materials will be returned to their designated storage bins. These soft items will be sent home each week for the family to clean and return for the following week. Room staff will clean and sanitize cots before they are put away for storage. Disinfecting cleaning protocols will be used regularly.

Educational Program Changes

Children's Autism Services of Edmonton will continue its commitment to providing high quality, research-based interventions, through play-based education. Each child will continue to target their individual goals within the context of their program, and with continued support and recommendations from a team of professionals. Some activities may need to be modified to accommodate protocols from the COVID-19 pandemic.

Attendance

While regular and consistent attendance is ideal in any program, the presence of any symptoms related to respiratory illness will be taken very seriously. Any student exhibiting symptoms of COVID-19 must stay home. Children's Autism Services of Edmonton recommends that caregivers of these children complete the online COVID-19 assessment tool through Alberta Health Services (or contact 811), to determine whether or not testing is required. To best support each student's learning, Children's Autism Services of Edmonton recommends having students tested for COVID-19 as soon as possible. If the test comes back negative, the student can return to school, and scheduled learning as long as any symptoms have resolved. Without a test, children must stay home for a minimum of ten days, or until symptoms have subsided, whichever period is longer.



If a child is required to self-isolate, the classroom staff and professional team will aim to provide continued support to the family with activity ideas and/or virtual consults (e.g. Zoom Meetings or phone calls), as desired by the family. Specific activities or 'homework' will not be assigned during this time to permit the child and family time to recover with minimal additional stresses, however our team will remain available to provide support as self-isolation can create additional unique challenges.

Children's Autism Services of Edmonton will continue to closely monitor the activities and general health of the people within our buildings and programs, as well as keep informed of ministerial orders related to the ongoing pandemic. Adjustments to programming may need to be made as pandemic continues, and we will endeavour to keep all families apprised of any changes through regular communication methods (e.g. emailed updates). If the number of confirmed cases of COVID-19 increases to the point where Alberta Education decides to close schools again, a plan for continued support for families will be determined at that time.

Activity Planning

All planned activities within the Maier Centre will continue to follow the SCERTS framework. Where possible, activities will be modified to increase opportunities for physical distancing and reduce sharing of objects. Any activity involving shared items or equipment will be avoided where possible. If equipment must be shared, then all shared items will be cleaned and disinfected after each use.

Field Trips

In accordance with Alberta Health Regulations, all field trips are postponed at this time.

Facilities Cleaning, HVAC & Personal Protective Equipment (PPE)

Facilities Cleaning

A thorough cleaning of both Maier Centre buildings has taken place prior to re-entry. Enhanced cleaning procedures have also been implemented to ensure increased sanitization and overall cleaning efficiency. For example:

- increased frequency of cleaning and disinfecting of high-touch areas (e.g. door knobs, counters, etc.) from staff members on-site daily



- increased frequency of cleaning and disinfecting of high-traffic areas (e.g. washrooms) from staff members on-site daily
- increased cleaning frequency of the whole building from professional cleaning service

Cleaning checklists are maintained after each session by the staff in each room to ensure thorough and regular cleaning of all spaces and items within each room. Each staffing team will also be responsible for ensuring the regular cleaning and sanitation of shared spaces (e.g. Sensory Room, gym, etc.). Cleaning checklists are reviewed regularly.

The professional cleaning company maintains “cleaning logs” to indicate duties completed and if any issues have been identified in the course of their cleaning. The Director of Operations is notified of any significant health and/or safety concern as the cleaning Logs are reviewed regularly.

HVAC

Children’s Autism Services of Edmonton has increased the number of times we change our filters throughout the year, and we are now also utilizing filters with a higher MERV value, to create a more efficient HVAC system.

Personal Protective Equipment (PPE)

Children’s Autism Services of Edmonton follows guidelines from Alberta Health Services (AHS) in regards to the use of personal protective equipment (PPE) and masks. AHS has recommended the use of non-medical face masks in situations where maintaining a physical distance of 2 meters is not possible, especially for periods of longer than 15 minutes. Because of this, all staff within the Maier Centre buildings are expected to wear face masks.

At this stage, parents are able to choose whether or not they would like for their child to wear a face mask while attending programming at the Maier Centre, and our staff will put forth our best efforts to honour the parents’ wishes. Please note that there will likely be children at the Maier Centre who are not able to wear a face mask; we ask for everyone’s continued patience and understanding as we work together to encourage health and safety.



Staff Guidelines

Screening for Illness

All staff are expected to complete a *Fit for Work* screen prior to the start of the work day each day. Staff will not be permitted to enter the building if exhibiting symptoms of COVID-19. Staff will be expected to complete the AHS COVID-19 self assessment if symptomatic, and will be expected to remain away from work until symptoms have resolved, or for a period of 10 days, whichever is longer. Time-off policies have been adjusted to ensure that staff are not unduly penalized for staying home due to illness.

Staff Absences

Regular staff may be absent from time to time due to minor illness or commitments outside of work. It is also anticipated that staff will occasionally exhibit signs and symptoms of respiratory illness, in which case they will not be permitted to attend their regular shifts (and will be recommended for COVID-19 testing). In these instances, staffing ratios will be maintained through the use of substitute staff.

Any staff who are absent from work due to illness are encouraged to complete the AHS COVID-19 Self-Assessment as soon as possible, so that they may get tested and return to work as soon as their symptoms have resolved or after a period of 10 days, whichever is longer.

Whenever possible, Children's Autism Services of Edmonton will endeavour to utilize staff who are familiar to the room/child (e.g. a member of the professional team), and/or a staff who is consistently available for the duration of the regular staff's absence.

Staff Illness While at Work

Staff members will not enter the building if they have symptoms of COVID-19. Children's Autism Services of Edmonton will maintain a zero tolerance policy for illness, for both staff and students.

If an employee becomes sick while at work, the following requirements apply:

- Employees who begin having COVID-19 symptoms while at school should leave and begin isolation at home immediately.
- If unable to leave due to coverage concerns, the staff member will contact their supervisor; it is the expectation that the administrator will personally replace the ill employee, or find an internal coverage replacement as soon as possible.



- After being directed to leave the school, symptomatic employees should follow hand hygiene and respiratory etiquette and maintain at least 2 meters of distance from all others.
- Once a sick individual has left the workplace, facility staff will clean and disinfect all surfaces they may have touched.
- Children's Autism Services of Edmonton administration record the names of all close contacts (employees and students) that the sick worker has been in contact with that day and in the 48 hours prior to when the symptoms started. This information may be necessary if the sick employee later tests positive for COVID-19.

Employee Hygiene Expectations

Frequent and proper hand washing is essential in the fight against COVID-19. Employees must wash their hands:

- before and after eating
- when entering or leaving the building
- when entering or leaving class spaces
- before and after putting on or taking off a mask

Where hand-washing isn't practical, hand sanitizing is required. Proper hand washing procedure includes washing your hands with soap and water for at least 20 seconds or using the provided hand sanitizer. Hand washing with soap and water is required if the employee has visibly dirty hands.

Hand sanitizer (approved by Health Canada) will be placed at entrances/exits, in classrooms and high traffic areas. Signage has been placed throughout the facility to encourage proper hand hygiene and the regular practice of hand washing.

Children's Autism Services of Edmonton employees should also follow proper respiratory etiquette (e.g., coughing or sneezing into a bent elbow, promptly disposing of used tissues in the trash).

Staff Safety Protocols

As per direction by Alberta Health, physical distancing will be required in shared spaces such as the staffroom, hallways and classrooms. Children's Autism Services of Edmonton has set room occupancy limits as required.



All staff will be required to wipe down high touch surfaces that they use in shared spaces before it is used by another member of staff (e.g. photocopier). No activities that involve the sharing of food between staff should occur. The staff kitchens will remain closed and staff are to bring their own food or beverage (with the understanding that they will not have access to fridges in the building).

Physical distancing is expected at all meetings (including team meetings). Meetings will be held via virtual services (e.g. Zoom Meeting) if adequate space is not available for all participants of the meeting to physically distance (e.g. staff meetings).

It is an expectation that all staff will model appropriate hand hygiene and physical distancing practices to the children throughout the day, and encourage children to adhere to these practices.

Ongoing Mental Health Supports for our Community

Children's Autism Services of Edmonton recognizes the substantial impact the COVID-19 pandemic has had on the mental health of our staff, students and their families. Individuals are encouraged to reach out to their team members with any questions or concerns, and staff will endeavor to provide direction to appropriate mental health supports.

Some Mental Health resources are listed below:

- Mental Health Helpline: 1-877-303-2642
 - This toll-free helpline provides confidential and anonymous services, crisis intervention, information about mental-health services and referrals to other agencies
- Kids Help Phone: 1-800-668-6868
 - kidshelpphone.ca
 - Text CONNECT to 686868
- Health Link: 811
- Alberta Health Services
 - Help in Tough Times: <https://www.albertahealthservices.ca/amh/page16759.aspx>
 - Healthy Together: <https://www.albertahealthservices.ca/news/Page15439.aspx>
- The federal First Nations and Inuit Hope for Wellness Help Line, at 1-855-242-3310, is available 24 hours a day, seven days a week; online chat at Hope for Wellness: <https://www.hopeforwellness.ca/>



Appendix F – COVID-19 Self Screening Questionnaire

Screening Questionnaire

PARENTS/GUARDIANS/STUDENTS MUST USE THIS QUESTIONNAIRE DAILY TO DECIDE IF THE STUDENT SHOULD ATTEND SCHOOL

Risk Assessment: Initial Screening Questions

1.	Do you, or your child attending the program, have any of the below symptoms:	CIRCLE ONE	
		YES	NO
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of Breath / Difficulty Breathing	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Runny Nose / Nasal Congestion	YES	NO
	• Feeling unwell / Fatigued	YES	NO
	• Nausea / Vomiting / Diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle/ Joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (Pink Eye)	YES	NO
2.	Have you, or anyone in your household, returned from travel outside of Canada in the last 14 days?	YES	NO
3.	Have you or your children attending the program had close <u>unprotected*</u> contact (face-to-face contact within 2 metres) with someone who is ill with cough and/or fever?	YES	NO
4.	Have you or anyone in your household been in close <u>unprotected</u> contact in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?	YES	NO

* "unprotected" means close contact without appropriate personal protective equipment (PPE).

If you have answered "Yes" to any of the above questions, please **DO NOT** enter the school at this time. You should stay home and use the [COVID-19 Self-Assessment Tool](#) to determine whether you need to be tested for COVID-19.

If you have answered "No" to all the above questions, you may attend school.