18TH ANNUAL

AUTISM CONFERENCE

JANUARY 28 - 30, 2026 | FANTASYLAND HOTEL | EDMONTON

BUILDING BRIGHTER FUTURES

CELEBRATING AUTISTIC VOICES & CANADIAN LEADERSHIP IN AUTISM



At the heart of Building Brighter
Futures is the belief that every Autistic
voice has the power to shape a more
inclusive tomorrow. Over three inspiring
days, you'll hear from leading Canadian
experts, self-advocates, and
changemakers sharing practical tools,
fresh perspectives, and stories that spark
meaningful action.



This is your opportunity to connect, learn, and celebrate Canadian leadership in autism, as we work together to create brighter futures for every child, family, and community.

Bringing together leading voices from across Canada in autism, neurodiversity, mental health, and emotional regulation.



WEDNESDAY, JANUARY 28

7:30am - 9:00am Breakfast & Registration

9:00am - 10:30am Opening Remarks & Keynote

Clara Hughes – Opening Minds: Clara Hughes

on Mental Health, Stigma, and Strength

Clara Lugyes

10:30am - 10:45am Break

10:45am - 12:15pm Kristin Light – Living Happily Ever Average:

Shining a Light on Kristin's Journey Through

Mental Health

Kristin Light

12:15pm - 1:15pm Lunch

1:15pm - 2:30pm Maddy Dever – Neurodivergent and Thriving:

Building Spaces Where All Can Shine

2:30pm - 3:00pm Break



Christine Jenkin

Concurrent Sessions

3:00pm - 4:30pm Grant Bruno – Where Culture Meets Community:

Reclaiming Indigenous Understandings of

Neurodiversity in the Classroom

Christine Jenkins – Older not Wiser? Insights on Autistic Aging and Flourishing

4:30pm Closing Remarks



THURSDAY, JANUARY 29

7:30am - 9:00am Breakfast & Registration

9:00am - 10:30am Opening Remarks & Keynote

Evdokia Anagnostou – Supporting Educators

with Research Based Insights

10:30am - 11:00am Break

11:00am - 12:30pm Whitney Hodgins – Where Real Intervention

Happens: Rethinking Education for Autistic

Students



12:30pm - 1:30pm Lunch

Concurrent Sessions

1:30pm - 3:00pm Deepa Singal – Evidence That Matters:

Research to Support Autistic Voices

Jonathan Weiss – The Overlooked Connection: Innovative Approaches to Mental Health and Autism

Christine Jenkins – Not Just About the Boys! Male Gender Bias in Autism

3:00pm - 3:30pm Break





Concurrent Sessions

3:30pm - 4:45pm Carole Anne Hapchyn – The Power of Connection: Using NRF to Support Regulation and Growth

Gina Payne & Dan Dyck – Money Toolkit for Autistic Families: Finding, Keeping, and

Stretching Every Dollar





Anne Haper

Dan Dyck

4:45pm Closing Remarks

FRIDAY, JANUARY 30

7:30am - 9:00am **Breakfast & Registration**

Opening Remarks & Keynote 9:00am - 10:30am

> Carl Honoré - Stillness Under Pressure: The Power of Slow in a Fast World



10:30am - 11:00am Break

11:00am - 12:00pm Seiun Thomas Henderson – The He(art) of the

> Matter: A Framework for Wellness, Purpose, and Connection in Inclusive and Neurodiversity-

Affirming Education



12:00pm - 1:00pm Lunch Panel

Lonnie Zwaigenbaum, Deepa Singal

& Evdokia Anagnostou



Oeepa Singa



1:00pm - 1:30pm **Break**

1:30pm - 3:30pm Workshop

Terri Duncan, Kelsey Penney, & Anna Loi -Regulation Made Real: Classroom Strategies

and SMG Tools That Support Students



Telsey Penney

Closing Remarks 3:30pm



Join Us Your Way - In Person or Virtually

- Full Access Pass In-Person: January 28 30 \$649
- Full Access Pass Virtual: January 28 30 \$295
- 2 Consecutive Day Experience In-Person: January 28 29 or 29 30 \$549
- Train Your School/Group Virtual: January 28 -30 \$749

Special Offer for Schools: 3 Days of Access Plus 3 Months of Speaker Videos

For virtual school groups, we're offering a special deal - three days of access, plus three months of post-conference access to all speaker videos. It's a perfect opportunity to share resources with your entire team and access content as needed. (Look for the Train Your School/Group on the registration site).

Questions? Please Reach Out

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JOIN US IN BUILDING BETTER FUTURES WHERE EVERY AUTISTIC CHILD CAN THRIVE

REGISTER TODAY